



BOYS ALL CONFERENCE

110 Meter Hurdles			
First Team	Tyrese Washington	Pottstown	Senior
Second Team	Grayson Riggins	Upper Perkiomen	Sophomore
Honorable Mention	Tre cook	Pottsgrove	Senior

100 Meter Dash			
First Team	Wesley Conover	Methacton	Senior
Second Team	Mason Scott	Spring-Ford	Senior
Honorable Mention	Matthew Gregory	Owen J. Roberts	Freshmen

200 Meter Dash			
First Team	Mason Scott	Spring-Ford	Senior
Second Team	Matthew Gregory	Owen J. Roberts	Freshmen
Honorable Mention	Chris Brittingham	Spring-Ford	Senior

300 Meter Hurdles			
First Team	Grayson Riggins	Upper Perkiomen	Sophomore
Second Team	Tyrese Washington	Pottstown	Senior
Honorable Mention	Tre Cook	Pottsgrove	Senior



400 Meter Dash			
First Team	Chris Brittingham	Spring-Ford	Senior
Second Team	Darius Reid	Upper Perkiomen	Freshmen
Honorable Mention	Anthony Brittingham	Spring-Ford	Freshmen

800 Meter Run			
First Team	Ian Johnson	Perkiomen Valley	Senior
Second Team	Belal Abdelrahman	Spring-Ford	Senior
Honorable Mention	Elijak Dunham	Spring-Ford	Junior

1600 Meter Run			
First Team	Ian Johnson	Perkiomen Valley	Senior
Second Team	Brock Yoder	Methacton	Freshmen
Honorable Mention	Ethan Tharp	Spring-Ford	Senior

3200 Meter Run			
First Team	Ian Johnson	Perkiomen Valley	Senior
Second Team	Ethan Tharp	Spring-Ford	senior
Honorable Mention	Curtis Alexander	Methacton	Junior



4x100 Meter Relay			
First Team	Spring-Ford	Andre Jackson Liuttlejohn Mason Scott Joseph Bucara Justin Johnson	Senior Senior Junior Junior
Second Team	Methacton	Dylan Weber Avery smith Brody Mellow Wesley Conover	Junior Junior Sophomore Senior
Honorable Mention	Pope John Paul II	Braden Reed Brandon DeAngelo Liam Conrad Dom DiBricida	Junior Sophomore Sophomore Senior

4x400 Meter Relay			
First Team	Spring-Ford	Christopher Brittingham Mason Scott Elijah Dunham Belal Abdelrahman	Senior Senior Junior Senior
Second Team	Perkiomen Valley	Robbie Sturgis Markell Davis Xavier Nunez Cooper Hey	Senior Junior Senior Sophomore
Honorable Mention	Boyertown	Charles Leguerre Isaiah Elwell Nick Billetta James Riefenstahl	Junior Junior Junior Junior



4x800 Meter Relay			
First Team	Perkiomen Valley	Ian Johnson Jason clifford Cooper Hey Nate Boyer	Senior Senior Sophomore Sophomore
Second Team	Spring-Ford	Belal Abdelrahman Willie Wiles Elijah Dunham Jacob Delgado	Senior Senior Junior Senior
Honorable Mention	Upper Merion	Nicholas Albini Ray Mayo Anthony Tornambe David Tornambe	Senior Senior Sophomore Sophomore

Pole Vault			
First Team	Abe McNelly	Spring-Ford	Junior
Second Team	Theodore Deskevich	Upper Perkiomen	Senior
Honorable Mention	Matt LaBarge	Phoenixville	Senior

High Jump			
First Team	Declan Gallagher	Owen J. Roberts	Sophomore
Second Team	Darius Reid	Upper Perkiomen	Freshmen
Honorable Mention	Eric Green	Upper Merion	Freshmen



Triple Jump			
First Team	Dawson Brown	Phoenixville	Sophomore
Second Team	Ryan Anglace	Perkiomen Valley	Sophomore
Honorable Mention	Nate Stackhouse	Phoenixville	Junior

Long Jump			
First Team	Justin Johnson	Spring-Ford	Junior
Second Team	Miles Daniels	Norristown	Senior
Honorable Mention	Dawson Brown	Phoenixville	Sophomore

Javelin			
First Team	Douglas Ledger	Perkiomen Valley	Senior
Second Team	Daniel Wirth	Perkiomen Valley	Senior
Honorable Mention	Parker Delgado	Spring-Ford	Junior

Shot Put			
First Team	Luke Ellor	Spring-Ford	Senior
Second Team	Cameron English	Phoenixville	Sophomore
Honorable Mention	Cole Euker	Perkiomen Valley	Junior



Discus			
First Team	Luke Ellor	Spring-Ford	Senior
Second Team	Joey Quinter	Pottsgrove	Senior
Honorable Mention	Nicholas Panarello	Boyertown	Senior